

Produce	Dairy	Baking/Breads	Beverages	Canned goods	Meat/Fish	Frozen
Apples	Butter	Bread	Coffee	Baked Beans	Bacon	Broccoli
Avacados	Biscuits	Buns	Water	Chicken	Ground Beef	Chicken tenders
Asparagus	Breadsticks	French bread	Diet Coke	Corn	Beef Roast	Fries
Bananas	Cottage Cheese	Naan	Beer	Cranberry Sauce	Beef Steak	Hash browns
Blueberries	Cream Cheese	Cornbread Mix	Ginger Beer	Diced tomatoes	Chicken	Ice cream
Brussel Sprouts	Cheese Sticks	Bread Flour	Tea	Fruit	Hot dogs	Lasangna
Carrots	Sliced Cheddar	Wheat Flour	Mixer	Green beans	Sliced Rst Beef	Mixed veggies
Celery	Sliced Swiss	Olive Oil	Sweet & Sour	Potatoes	Sliced Ham	Pizza
Corn on the cob	Shred Cheddar	Safflower Oil	Tonic Water		Sliced Turkey	Peas
Cucumbers	Shred Mozz	Spray Pam	Tequila		Pepperoni	Tomalies
Garlic	Pimento Cheese	Cookie Mix	Triple Sec		Sausage	Waffles
Grapes	Velveeta	Cake Mix	Wine - Red		Ground sausage	
Grapefruit	Eggs	Icing	Wine - White			
Green beans	Sour cream	Tortillas			Salmon	
Lemons	Milk	Muffins			Tuna	
Limes						
Lettuce 1 Gr Ro	Spices	Misc.			Deli	
Onion	Salt				Potato Salad	Sushi
Oranges	Pepper				Cole Slaw	
Peppers	Italian				Macaroni Salad	
Potatoes						
Salad Kit						
Tomatoes						
Condiments	Packaged Goods	Spreads/Sauces	Snacks	Dressing/Dip	Health/Beauty	Cleaners
Mayo	Spaghetti	Peanut Butter	Tostitos	Balsamic	Toothpaste	Tide
Mustard	Macaroni	Jelly Honey	Potato Chips	Casear	Deodorant	Downey
Spicy Mustard	Egg Noodles	Spaghetti Sauce	Cookies	Italian	Vitamins	Dawn
Ketchup	Fettucinni	Pizza Sauce	Crackers	Ranch	Antacid	Windex
Pickles	Instant Potatoes	Taco Seasoning	Cashews	Salsa	Melatonin	Mr. Clean Eraser
Olives	Pizza Crust Mix	Tomato Sauce	Pecans	Queso	Lotion	Lysol Wipes
Hot Sauce	Mac & Cheese	Syrup	Popcorn	Shrimp Dip	Nail polish	
	Ziti	Enchilada Sauce		Hummus		
	Pancake Mix	Alfredo Sauce		Onion Dip		

Meat/Fish	Grill	Quick/Casserole	Pasta	Mexican/Indian	Breakfast	Sandwich/Soup
Chicken	Steaks	Fried Rice	Baked Ziti	Tacos	Pancakes	BLT
Salmon	Chicken	Sushi Rolls	Carbonara	Taco Salad	Bacon & eggs	Burgers
Tuna	Burgers	Tamalies	Mac & Cheese	Nachos	Waffles	Grilled Cheese
Meatloaf	Hot Dogs	Beef Stew	Lasangna	Fajitas	Omlets	Philly Cheese
Roast		Chicken & Rice	Spaghetti	Enchiladas	Biscuits	Chicken Wrap
		Chicken & Broc.	Chicken Spag.	Burritos		Tuna Salad
		Red Beans/Rice				Chicken Salad
SIDES						Egg Salad
Brussel Sprouts	Green Beans					Chili Dogs
Deviled Eggs	Mac & Cheese					Pizza
Roasted Potato	Mixed Veggies					
Mashed Potato	Salad / Caesar					
Baked/Swt Pot.	Pasta Salad					
Potato Salad	Rice					

Week of: Desserts:

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Sushi, Meat/sides	Grill	Quick/Easy	Pasta	Mexican/Dine Out	L.O. /Breakfast	Sandwiches/Pizza

Need to Use: